**EDUCATION**

**Honours Bachelor of Public Health** September 2019 – April 2023

*Brock University, St. Catharines, ON*

* Overall academic average: 81%.

**PROJECTS**

**Student, Data Analyst** September 2021 – December 2021

*Biostatistics II, Brock University, St. Catharines ON*

***Objective:*** To examine whether there is a potential relationship between the ratio of family income to poverty and working hours and investigate if there is a difference among distinct ethnic groups.

* Conducted a retrospective cohort study using a sample size obtained from a publicly accessible dataset, i.e., National Health and Nutrition Examination Survey (NHANES, 2015-2016), to meet the study objectives.
* Manipulated and prepared data to perform statistical analysis by using R.
* Developed an analytical report by interpreting the results to disseminate findings.

**TECHNICAL SKILLS**

* Proficient in operating ArcGIS Pro, statistical software, such as SAS and R, and Microsoft Office applications such as Word, Excel, PowerPoint, Outlook, and SharePoint.

**WORK EXPERIENCE**

**Peer Health Educator** September 2021 – April 2023

*Student Wellness and Accessibility Center, Brock University, St. Catharines, ON*

* Gathered facts, stats, and information related to improving student health by conducting literature reviews to design and implement health communication campaigns independently and as part of a multidisciplinary team.
* Developed fun and appealing materials using Canva by utilizing social marketing strategies and through knowledge translation to promote healthy behaviours among students.
* Educated students on various health issues by delivering workshops and presentations leading to increased awareness about healthy behaviours.
* Provided peer-to-peer support by actively listening to student experiences to assist them in accessing appropriate wellness resources across campus.

**Community Development Intern** May 2022 - August 2022

*City of Welland, Welland ON*

* Developed evidence-based departmental policies by performing research and analysis to provide a framework for consistency in department practices.
* Gathered background information regarding current practices by collaboratively working with recreation staff to determine how policies can help expand partnerships.
* Developed a Volunteer Action Plan by taking initiative to inform volunteer management practices of the department.
* Prepared council reports by adhering to report writing guidelines to present policies to the City Council.

**Logistics Associate** May 2020 – June 2021

*The Canadian Shield, Waterloo, ON*

* Fulfilled Shopify and commercial orders independently with great attention to detail by ensuring quantity and quality of medical devices leading to reduced customer complaints.
* Performed data entry of merchandise shipped by organizing data into ‘Odoo’ inventory software to keep track of merchandise inventory.
* Embraced emerging transitions by exhibiting optimism leading to being adaptable and flexible.
* Resolved conflicts with coworkers through excellent communication and interpersonal skills leading to increased productivity and performance.
* Took initiative by taking on additional responsibilities and completing them with minimal supervision resulting in the development of excellent time management skills and the ability to manage multiple priorities.

**AWARDS AND SCHOLARSHIPS**

**International Student Ambassador Award** September 2022 – April 2023

*Brock University, St. Catharines, ON*

* Served as an International Student Ambassador to represent Brock University.
* Engaged with international students by facilitating and attending events to promote a sense of community and connection among Brock international students.

**CERTIFICATIONS**

**Applied Suicide Intervention Skills Training (ASIST)** February 2022

*LivingWorks*

* Trains individuals to recognize the risk of suicide and learn how to intervene to prevent the risk of suicidal thoughts from becoming suicidal behaviours.

**TCPS2: CORE** September 2020

*Panel on Research Ethics*

* Provides a guideline for ethical conduct of research involving humans.

**IPAC Core Competencies** September 2020

*Public Health Ontario*

* Provide an overview of basic skills and knowledge all Ontario Health care workers need to have for infection prevention and control.